

2012 FLEET FEET RACE CALENDAR

JANUARY 1, 2012 | SUNDAY 2PM

1/2/4 Mile Concurrent New Year's Fun Runs Randy McFarland, (256) 534-5509

JANUARY 14, 2012 | SATURDAY 8AM

Frosty 5K
Cullman, AL
cturner@cullmanrecreation.org

JANUARY 28, 2012 | SATURDAY 8AM

* Mountain Mist 50K Trail Run - RACE IS CLOSED FOR 2012
Monte Sano Park Lodge
Dink & Suzanne Taylor, (256) 650-7063 before 7:00 PM

FEBRUARY 4, 2012 | SATURDAY 1PM

Bow Wow Fun Run | 5K 2PM - Doggie Dash
Huntsville Botanical Garden
Kay Curry, (256) 430-3572
kcurry@hsvbg.org

FEBRUARY 4, 2012 | SATURDAY 9AM

Run 2 Callvary
Tuscumbia, AL
Gina Smith
ginx@bellsouth.net

FEBRUARY 11, 2012 | SATURDAY 7AM

The Y Dash Spin & Dip
YMCA
Sharon Allen
sharon.allen@ymcahuntsville.org

FEBRUARY 12, 2012 | SUNDAY 2PM

* Winter Winds 2 & 4 Mile Road Races and Kids Fun Run -
Grissom High School
Linda Scavarda, (256) 679-1582

FEBRUARY 18, 2012 | SATURDAY 8AM

Heart & Sole 5K
Tina Weeks, (256) 301.3431
tina.weeks@capellahealth.com
www.parkwaymedicalcenter.com

FEBRUARY 25, 2012 | SATURDAY 8AM

Love Your Library 5K
Decatur Public Library
Jo Ann Cummings, (256) 584-6567
joannc1972@charter.net

MARCH 3, 2012 | SATURDAY 8AM

Crestline Tiger Roar 5K
Crestline Elementary, Hartselle
Angel Rollins
bruyner@bellsouth.net

MARCH 3, 2012 | SATURDAY 8AM

Hospice of Marshall County Walk/Race to Remember -
Snead State
Susan Sanders
ssanders@hopicemc.org

MARCH 3, 2012 | SATURDAY 8AM

Hospice of the Valley
Celebrating Life 5K and Remembrance Mile
Jill Jones, (256) 350-5585
jjones@hospiceofthevalley.net

MARCH 4, 2012 | SUNDAY 2PM

UAH Spring 10K Road Race
UAH Fitness Center
Conrad Meyer, (256) 876-6074

MARCH 10, 2012 | SATURDAY 6AM

Delano 12 Hour Run
Delano Park
Eric Schotz
eric.schotz@gmail.com

MARCH 10, 2012 | SATURDAY

Mission 5K
Decatur, AL

MARCH 17, 2012 | SATURDAY 8AM

10 Mile Rocket Run Ten Miller
Mooreville, Alabama
Valerie Connaughton,
(256) 337-1947

MARCH 24, 2012 | SATURDAY 8AM

Foot Pursuit 5K
Hartselle, AL
Linda Fox
lfox@hartselle.org

MARCH 24, 2012 | SATURDAY 7AM

McKay Hollow Madness 25K Trail Run
Monte Sano State Park
Blake Thompson, (256) 213-8076

MARCH 25, 2012 | SUNDAY 2PM

Dispatch Dash 5K
Decatur, AL
Traci DeWeese
dspch210@bellsouth.net

MARCH 31, 2012 | SATURDAY 10AM

Mountain Lakes Youth Duathlon
Paradise Park Softball Complex, Boaz, AL
Allison Pratt
jaynally@bellsouth.net

APRIL 1, 2012 | SUNDAY 2PM

Spring Zing 5K
The Montessori School of Huntsville

APRIL 7, 2012 | SATURDAY 8AM

Oak Barrel Half Marathon
Lynchburg, TN

APRIL 7, 2012 | SATURDAY 8AM

3M River City Run
Pt. Mallard Park, Decatur, AL
Tammy Burks
tburks@morglawredcress.org

APRIL 7, 2012 | SATURDAY 9AM

* Scholarship Fund Run 8K
Huntsville Middle School
tab@knology.net

APRIL 10, 2012 | TUESDAY 5:30AM

Double Helix Dash
Carter Wells, (256) 651-7059
cwells@hudsonalpha.org

NEW APRIL 14, 2012 | SATURDAY 8AM

Space Party 5K Shuttle Run
Space and Rocket Center
Jeremiah Arsenault, (205) 657-1600
jeremiah@gabrielstandard.com
www.spaceparty.info

APRIL 14, 2012 | SATURDAY 8AM

Chick Fil A Charity 5K
Downtown Athens
Pat Weldy
01826@chick-fil-a.com

APRIL 14, 2012 | SATURDAY

DPD Donut Dash 5K
Decatur, AL

NEW APRIL 14, 2012 | SATURDAY 8AM

Lead Me to the Cross 5K
Monrovia
Holly McDonald, (256) 990-1004
holly@hollymcdonald.com
www.mzbc.net/#/missionsoutreach/5k1-mile-run-run

APRIL 14, 2012 | SUNDAY 2PM

Art in Motion
Hartselle Fine Art Center
Michele Wilson

APRIL 21, 2012 | SATURDAY 8AM

Cookie Dash 5K & 1 Mile Kids Fun Run
Southwood Presbyterian Church
Carol Eaton, (256) 882-3706

APRIL 21, 2012 | SATURDAY 8AM

Guntersville Lake Duathlon
Guntersville, AL
Parker Edminston

APRIL 28, 2012 | SATURDAY 8AM

Healthy Kids Day 5K
YMCA
Sharon Allen, (256) 883-9622
sharon.allen@ymcahuntsville.org
www.ymcahuntsville.org

APRIL 28, 2012 | SATURDAY 8AM

Blessings in a Backpack
Civitan Park, Guntersville, AL
Debbie Edwards
debbie@bicycleworks.com

APRIL 28, 2012 | SATURDAY 7AM

Nashville Rock n Roll Marathon
Centennial Park Nashville, TN

APRIL 28, 2012 | SATURDAY 7AM

Country Music Marathon and Half Marathon
Centennial Park, Nashville, TN

APRIL 28, 2012 | SATURDAY 8AM

8th Annual Swampers 5K
Muscle Shoals, AL
Josh Aycok
runnerdude413@aol.com

MAY 5, 2012 | SATURDAY 7:30AM

Steeple Chase 8K
Decatur, AL
David and Heather Coon, (256) 476-9010
dcoon@mdmechanical.com
www.steeplechase8k.org

MAY 5, 2012 | SATURDAY 8AM

The First Federal Relay For Life 5K
Cullman
Beth Arbet
bbk@firstfederalcullman.com

MAY 5, 2012 | SATURDAY 10K 7AM, 5K 9AM

Run Through the Roses 10K & 5K
Madison
Kristen Kulavich, (256) 682-5117
krisdkul@hotmail.com
www.runthroughtheroses.com

MAY 5, 2012 | SATURDAY 7AM

Strolling Jim
Wartrace, TN
Mike Melton, (931) 205-3188

MAY 12, 2012 | SATURDAY 8AM

Inspire Life 5K
Goospond
Jerry Pierce
drjperce1957@gmail.com

MAY 12, 2012 | SATURDAY 11AM 10K, 5K, 1 MILE

Music Moves Me
Huntsville
Ellery Williams
musicmovesme10K@gmail.com
www.musicmovesmerun.com

MAY 19, 2012 | SATURDAY 8AM

PCRA 5K & Fun Run
Priceville
Ron & Tracy DeWeese
dspch210@bellsouth.net

MAY 19, 2012 | SATURDAY 8AM

MDA David McKannan Research Run
Downtown Huntsville
bjones@mdausa.org

MAY 19, 2012 | SATURDAY 5PM

Harry Williams All Comers Track Meet
Bob Jones High School Track
mclarkeruns@comcast.net

MAY 28, 2012 | MEMORIAL DAY - MONDAY 7AM

Mercedes-Benz Cotton Row Run 10K, 5K and
1-Mile Fun Run/Walk
Big Spring Park, Downtown Huntsville
Dink & Suzanne Taylor, (256) 650-7063 before 7:00 PM
dink@fleetfeethuntsville.com

JUNE 2, 2012 | SATURDAY

Splash & Dash
Pt. Mallard
Matt Homes, (256) 654-9254

JUNE 2, 2012 | SATURDAY 8 AM

Rockin on the River 5K & 10K
Gadsden
Kenny Reighard, (256) 547-4947
kreighard@ymcacoosa.org

JUNE 2, 2012 | SATURDAY - 8AM

Eurocross 5K & 8K
UAH Campus
keithroberts@knology.net

JUNE 5 - AUGUST 14, 2012 | EVERY TUESDAY - 6:15PM

Summer Cross Country Runs; 1, 2, and 3 Miles
Huntsville Running Park (South end of the Old Airport)
carter@fleetfeethuntsville.com

JUNE 7 - JULY 26, 2012 | EVERY THURSDAY

RCR Summer Family Fun Run
Decatur
Jon Elmore

JUNE 9, 2012 | SATURDAY 7AM

Dip Spin & Dash
YMCA
Sharon Allen, (256) 883-9622
sharon.allen@ymcahuntsville.org
June 9, 2012 | Saturday - 7:30AM
* Alabama A&M 10K Road Race
Alabama A&M University Old Gym

JUNE 9, 2012 | SATURDAY 7AM

Mountain Mania 15K
Decatur
mountainmaniarace@gmail.com
Sara Page, (256) 566-8107
http://mountainmaniarace.blogspot.com

JUNE 10, 2012 | SUNDAY 2PM

Living Waters 5K
Decatur
Jon Elmore, (256) 476-3517
jklca5@charter.net

JUNE 12, 2012 | TUESDAY

Hoedown Hustle 5K
Phil Campbell

JUNE 23, 2012 | SATURDAY 7AM

Heel & Crank Duathlon
Rick Greif, (256) 651-2181
Northrop Grumman
heelandcrank@yahoo.com
www.teamrockettri.org

JUNE 30, 2012 | SATURDAY 7AM

Spirit of America 5K
Decatur
Ed Nichols, (256) 221-2424
enichols@me.com

JULY 4, 2012 | WEDNESDAY 7AM

The Madison Firecracker Sprint Triathlon
Dublin Park
Larry Newman
James.Newman3@ngc.com

JULY 4, 2012 | WEDNESDAY 8AM

Firecracker 5K
Morningside Baptist Church
Jarod Fleming, (256) 226-5223
jfleming72@yahoo.com

JULY 21, 2012 | SATURDAY 7AM

Paint the Street 5K
Research Park
Jim Varnavas, (256) 226-2259
james.a.varnavas@saic.com
teamrockettri.org/content/races/paint-streets-
5k-and-1-mile-walk

JULY 21, 2012 | SATURDAY 6:30PM

HTC Twilight Men's & Women's 5K Runs
UAH Spragins Hall
agcain22@hotmail.com

JULY 28, 2012 | SATURDAY 7AM

The Big 5K
Bridgestreet
Charles Watwood, (678) 642-0645
charles.a.watwood@gmail.com

AUGUST 4, 2012 | SATURDAY 7AM

Summer Sizzler Super Metric Century Ride
New Hope Methodist Church
Carrie Wilson, (256) 551-1610
cwilson@fsc-hsv.org
www.fsc-hsv.org

AUGUST 4, 2012 | SATURDAY 7AM

YMCA Soggy Seals Triathlon
YMCA
Sharon Allen, (256) 883-9622
sharon.allen@ymcahuntsville.org
www.ymcahuntsville.org/imathlete.com

AUGUST 11, 2012 | SATURDAY

Brook Hill 5K/1Mile
Decatur
Jon Elmore

AUGUST 18, 2012 | SATURDAY 7AM

Huntsville Sprint Triathlon
Huntsville

AUGUST 18, 2012 | SATURDAY 8AM

Brothers for Life 5K and 1 Mile
Point Mallard, Decatur
heightsfire@hotmail.com
Brandon Stickland(256) 856-3500

AUGUST 25, 2012 | SATURDAY 7 AM

7@7
Decatur

AUGUST 25, 2012 | SATURDAY 8AM

Running of the Bulls 5K
Hampton Cove
suzanne@fleetfeethuntsville.com
Suzanne Taylor, (256) 520-0768

AUGUST 26, 2012 | SUNDAY 7:30AM

Rocketman Triathlon
Restone Arsenal
Mike Gerrity, (256) 508-9116
rocketman.tri@gmail.com

SEPTEMBER 1, 2012 | SATURDAY 10K 8AM 5K 9:30AM

*Monte Sano 10K & 5K Road Races & Kids Fun Run
Monte Sano State Park Lodge
Beth Beneheld, (256) 658.1162
msrr@knology.net

SEPTEMBER 8, 2012 | SATURDAY 8AM

Run for Ella
Fayetteville, TN
Priceville
Ron & Tracy DeWeese
dspch210@bellsouth.net

SEPTEMBER 8, 2012 | SATURDAY 8AM

No Limits 5K
Decatur
Danny Gibson, (256) 351-9005
dgbison@decaturdreamcenter.org

SEPTEMBER 8, 2012 | SATURDAY 8AM

Earl Jacoby Fleet Feet Invitational
David Cain, (256) 824-2222
caid@uah.edu

SEPTEMBER 8, 2012 | SATURDAY 7:30AM

911 Anniversary Run
Restone Arsenal
Joe Reed, (256) 976-6701
joe.a.reed@conus.army.mil
No Access Registration @ FF August 1-21 for \$15.
Race Day Registration @ \$20 for access only!

SEPTEMBER 9, 2012 | SUNDAY 8AM

Frantic Frog Triathlon
Scottsboro
Gregg Kilough
kilotris@scottsboro.org

SEPTEMBER 15, 2012 | SATURDAY 8AM

Care Center 5K
New Hope
Ashley Turnbull
asturnbell@gmail.com

SEPTEMBER 15, 2012 | SATURDAY 8 AM

PHP 5K
Scottsboro
Marisa Lusk, (256) 218-4061

SEPTEMBER 15, 2012 | SATURDAY 8AM

Run for Recovery/MAMA
Arab
Cathy Henry, (256) 498-6262
staff@mamasite.net

SEPTEMBER 15, 2012 | SATURDAY 8AM

Duck and Run 5K
Athens, Eric Patterson, (256) 771-0911
duckandrun5k@yahoo.com
www.keepathenslimestonebeautiful.com/duck-run.html

SEPTEMBER 15, 2012 | SATURDAY 8AM

Riverfest Rib Run 5K
Decatur
Tiffany Brightwell, (256) 432-1377
tiffany@dcc.org

SEPTEMBER 20, 2012 | THURSDAY 3PM

Huntsville Hospital Autumn Chase 1 Mile Run,
Grades Pre-K thru 8
Huntsville Jaycees Building
Joe Franca
run2xtrm@bellsouth.net

SEPTEMBER 22, 2012 | SATURDAY 8AM

Edgewater 5K
Edgewater Community
Rick Wright

SEPTEMBER 29, 2012 | SATURDAY 8AM

Elkmont Lions Club Rails to Trails 10K
Elkmont
Whitney Hollingsworth, (256) 651-7507
rungirl@charter.net

SEPTEMBER 29, 2012 | SATURDAY 8AM

Rebuilding Together 5K
Wilson Morgan Park, Decatur
Kristy Terry, (256) 260-5907
kristy.t@tfa.toray.com

OCTOBER 6, 2012 | SATURDAY 8AM

School House 5K
Huntsville
Gina Barlow, (256) 617-9470
gina@christmascharitiesyearround.org
www.christmascharitiesyearround.org

OCTOBER 6, 2012 | SATURDAY 8AM

Sand Mountain Century and 5K for Cystic Fibrosis -
Snead State
Lindsey King, (256) 582-7015
www.sandmountaincentury.com

NEW OCTOBER 7, 2012 | SUNDAY 7AM

Gooses Pond Island Triathlon
Scottsboro
Parker Edminston, (256) 344-1125

OCTOBER 13, 2012 | SATURDAY 8AM

Fleet Feet Monte Sano 15K & 1 Mile Kids Fun Run
Monte Sano
Mike O'Melia, (256) 361-3633

OCTOBER 20, 2012 | SATURDAY 8AM MEN'S - 9AM WOMEN'S

* 8th Annual Liz Hurley Ribbon Run - Men's and Women's
5K's
Huntsville Middle School
courtney.mccool@hhsys.org

OCTOBER 20, 2012 | SATURDAY

TBE Blue Bat Run
Shanna White
shanna.white@tbe.com

OCTOBER 20, 2012 | SATURDAY 8AM

Imagination Library 5K
Stone Bridge Park, Fayetteville
Helen Fussell, (931) 580-3081
fussellh@gmail.com

OCTOBER 20, 2012 | THURSDAY

Bookin' It For Priceville 10K
Priceville
Ron & Tracy DeWeese
dspch210@bellsouth.net

OCTOBER 26, 2012 | WEDNESDAY 9AM

NASA 5K
Restone Arsenal

OCTOBER 27, 2012 | SATURDAY 8 AM

Spooktacular 5K
Downtown Huntsville
suzanne@fleetfeethuntsville.com

NOVEMBER 3, 2012 | SATURDAY

Attack of the Lions 5K
Legacy Elementary
Caitlin Morris
cmheider@gmail.com

NOVEMBER 3, 2012 | SATURDAY

Hawk 5K
Dana Miller
dmiller@hawkworld.com

NOVEMBER 3, 2012 | SATURDAY

All Saints 5K
Hartselle, AL

NOVEMBER 3, 2012 | SATURDAY 8AM

APS School House Run
Albertville
Rory Colvin, (256) 572-3901