



# 2013 FLEET FEET RACE CALENDAR

**JANUARY 1, 2013 / TUESDAY 2 PM**  
1/2/4 Mile Concurrent New Year's Fun Runs  
Huntsville Jaycee Building | Huntsville, AL  
Randy McFarland | mcbikeboy@yahoo.com

**JANUARY 12, 2013 / SATURDAY 8:30 AM**  
XTERRA Alabama "Monte Sano" State Park  
5K/15K Trail Run  
Monte Sano State Park | Huntsville, AL  
Eric Charette | Eric.charette@yahoo.com

**JANUARY 26, 2013 / SATURDAY 7:30 AM**  
Mountain Mist 50K Trail Run  
Monte Sano Lodge | Huntsville, AL  
Dink and Suzanne Taylor | suzanne@fleetfeethuntsville.com

**FEBRUARY 9, 2013 / SATURDAY 8 AM**  
Mardis Gras 5K & 1 Mile Fun Run  
Old Decatur | Decatur, AL  
Brittney Hooton | Brittney.hooton@gmail.com

**FEBRUARY 9, 2013 / SATURDAY 9 AM**  
Arab Primary School Sweetheart 5K  
Arab Primary School | Arab, AL  
Whitney Quinn | wquinn@arabcityschools.org

**FEBRUARY 10, 2013 / SUNDAY 2 PM**  
Winter Winds 2 & 4 Mile Road Races and Kids Fun Run  
Grissom High School | Huntsville, AL  
Linda Scavarda | runlinda83@gmail.com

**FEBRUARY 16, 2013 / SATURDAY 8 AM**  
The Race for Top Dog 5K and the 1 Mile Doggie Dash  
Huntsville Botanical Garden | Huntsville, AL  
Jennie Sun | jsun@hsvbg.org

**FEBRUARY 17, 2013 / SUNDAY 7 AM**  
Mercedes Half and Full Marathon  
Birmingham, AL  
mercedesmarathon.com

**FEBRUARY 23, 2013 / SATURDAY TBA**  
Love Your Library 5K and Running Readers Mile  
Decatur Public Library | Decatur, AL  
JoAnn Cummings | Joannc1972@charter.net

**MARCH 2, 2013 / SATURDAY 8 AM**  
Hospice of Marshall County Race to Remember  
Snead State Community College | Boaz, AL  
Annah Grace | amorgan@hospicemc.org

**MARCH 3, 2013 / SUNDAY 2 PM**  
UAH Spring Road Race 10K  
UAHuntsville's Campus | Huntsville, AL  
Conrad Meyer | meyerthong@gmail.com

**MARCH 9, 2013 / SATURDAY 6 AM**  
Delano 12Hr/50 Miler  
Delano Park | Decatur, AL  
Jon Elmore | jklca5@att.net

**MARCH 9, 2013 / SATURDAY 9 AM**  
Kappa Delta's 5K Shamrock Run  
UA Huntsville's Campus | Huntsville, AL  
Tiffanie Ripley | TTr0009@uah.edu

**MARCH 16, 2013 / SATURDAY 8 AM**  
Celtic Classic 5K  
Huntsville, AL  
Patti Holmes | pmholmes@comcast.net

**MARCH 16, 2013 / SATURDAY 8 AM**  
Rocket Run Ten Miler  
Mooreville, AL  
Valerie Connaughton | 256-337-1947

**MARCH 16, 2013 / SATURDAY 8 AM**  
Dog Trot  
Location TBD  
Stacy Moon | smoon@teesburgess.com

**MARCH 16, 2013 / SATURDAY 9 AM**  
Roadrunner 5K  
Weatherly Elementary School | Huntsville, AL  
Kristin Scroggin | Kts0001@uah.edu

**MARCH 23, 2013 / SATURDAY 7 AM**  
McKay Hollow Madness 25K Trail Run  
Monte Sano State Park | Huntsville, AL  
Blake Thompson | 256-990-2584

**MARCH 30, 2013 / SATURDAY 8 AM**  
Scottsboro Half Marathon  
Scottsboro, AL  
Parker Edmiston | edmistonlaw@yahoo.com

**APRIL 2, 2013 / TUESDAY 5:30 PM**  
Double Helix Dash 5K & 1 Mile  
McMillian Park | Huntsville, AL  
Carter Wells | cwells@hudsonalpha.org

**APRIL 6, 2013 / SATURDAY 9 AM**  
Scholarship Fund Run 8K  
Huntsville Middle School | Huntsville, AL  
Tab Barnett | 256-883-5124

**APRIL 6, 2013 / SATURDAY 8 AM**  
3M/Red Cross River City Run 10K/5K/Fun Run  
Point Mallard Park | Decatur, AL  
Jon Elmore | jklca5@att.net

**APRIL 6, 2013 / SATURDAY 9 AM**  
ASU 5K Run/Walk  
Athens, AL  
Kerry Demler | kerrybafft@netzero.com

**APRIL 6, 2013 / SATURDAY 8 AM**  
Oak Barrel Half Marathon  
Lynchburg, TN  
info@oakbarrelhalf.com

**APRIL 6, 2013 / SATURDAY 8 AM**  
Lead Me to the Cross 5K  
Mt. Zion Baptist Church | Monrovia, AL  
Holly McDonald | holly@hollymcdonald.com

**APRIL 13, 2013 / SATURDAY 8 AM**  
Mission Firefly 5K  
Sharon Johnston Park | Huntsville, AL  
Jenda Hillis | jendahillis@gmail.com

**APRIL 13, 2013 / SATURDAY 7:30 AM**  
NCAC Superheroes 1 Mile "Flash" Run, 5K Run,  
10K Bike Ride, and 1 Mile Fun Run  
National Children's Advocacy Center | Huntsville, AL  
Meredith Payne | mpayne@nationalcac.org

**APRIL 20, 2013 / SATURDAY 8 AM**  
Celebrating Life 5K and Remembrance Walk  
Hospice of the Valley Office  
Downtown Decatur | Decatur, AL  
Debbie Heard | dheard@hospiceofthevalley.net

**APRIL 20, 2013 / SATURDAY 8 AM**  
Cookie Dash 5K and 1 Mile Kids Fun Run  
Southwood Presbyterian Church | Huntsville, AL  
Regena Moore | 256-539-1500

**APRIL 20, 2013 / SATURDAY 8 AM**  
Goliath 5K Run  
Cathedral Caverns State Park | Marshall County, AL  
Jeff Clark | Clarkjeff68@yahoo.com

**APRIL 20, 2013 / SATURDAY 8 AM**  
Heel and Crank Duathlon  
Mooreville, AL "New Location"  
Eric Broyles | Eric.broyles@mtsi-va.com

**APRIL 27, 2013 / SATURDAY 7 AM**  
Nashville Rock n' Roll Marathon and Half Marathon  
Centennial Park | Nashville, TN

**APRIL 27, 2013 / SATURDAY TBD**  
iRace Because iCare  
New Hope, AL  
Angi Vroom | angiroom@bellsouth.net

**APRIL 27, 2013 / SATURDAY 8 AM**  
Spring Zing 5K and 1 Mile Fun Run  
Huntsville, AL  
Ashley DeHaye | ashleydehayeg@gmail.com

**APRIL 27, 2013 / SATURDAY 8 AM**  
9th Annual Swampers 5K & 1 Mile Run/Walk  
Muscle Shoals, AL  
Josh Aycock | Runnerduke413@aol.com

**MAY 4, 2013 / SATURDAY 10K 7 AM / 5K AT 9 AM**  
Run Through the Roses  
Bob Jones High School | Madison, AL  
Kristen Kulavich | krlsdnkul@hotmail.com

**MAY 4, 2013 / SATURDAY 7 AM**  
Steeple Chase 8K Run  
Decatur, AL  
David Coon | dcoon@mdmechanical.com

**MAY 9, 2013 / THURSDAY 8:30 AM**  
BMS Fun Run  
Brook Haven Middle School | Decatur, AL  
Thyoshi Chambers | Thyoshi.chambers@dcs.edu

**MAY 11, 2013 / SATURDAY 8 AM**  
Inspire Life 5K  
Goose Pond Colony | Scottsboro, AL  
Jerry Pierce | Drjpierce1957@gmail.com

**MAY 11, 2013 / SATURDAY TBA**  
Music Moves Me 5K  
Huntsville, AL  
Ellery Williams | musicmovesmerun@gmail.com

**MAY 18, 2013 / SATURDAY 8 AM**  
Race for the Crown  
Athens, AL  
Milton Stark | miltonstark@candmplumbing.net

**MAY 18, 2013 / SATURDAY 5 PM**  
Harry Williams All Comers Track Meet  
Bob Jones High School Track | Madison, AL  
Marty Clarke | 256-852-5723

**MAY 18, 2013 / SATURDAY 7 AM**  
2nd Annual Strong Girls 5K and 1 Mile Fun Run  
Midtowne on the Park | Huntsville, AL  
Penny Houston | penhouston@earthlink.net

**MAY 18, 2013 / SATURDAY 8 AM**  
Poke Salad 5K  
Downtown Arab | Arab, AL  
Timothy Pitt | timothyspitt@yahoo.com

**MAY 27, 2013 / MONDAY 7 AM**  
Mercedes-Benz Cotton Row Run 10K, 5K,  
and 1 Mile Fun Run/Walk  
Big Spring Park | Huntsville, AL  
Dink and Suzanne Taylor | 256-650-7063

**JUNE 1, 2013 / SATURDAY 8 AM**  
PCRA 5K & Fun Run  
Beside Priceville Library | Priceville, AL  
Traci and Ron DeWeese | dspch210@bellsouth.net

**JUNE 1, 2013 / SATURDAY 8 AM**  
Eurocross 5K & 8K  
UAHuntsville Campus | Huntsville, AL  
Keith and Tracy Roberts | 256-880-1862

**JUNE 4 - AUGUST 13, 2013 / TUESDAYS AT 6:15 PM**  
Summer Cross Country Runs: 1, 2, and 3 Miles  
Huntsville Running Park | Huntsville, AL  
Steve & Jennifer Carter | 256-650-7063

**JUNE 6 - AUGUST 1 / THURSDAYS AT 6 PM**  
RCR Summer Family Runs  
Point Mallard | Decatur, AL  
Jon Elmore | jklca@att.net

**JUNE 8, 2013 / SATURDAY 7 AM**  
Mountain Mania 15K  
Burningtree Mountain | Decatur, AL  
Stephen Brown | sbrown@harrisaddell.com

**JUNE 8, 2013 / SATURDAY 7:30 AM**  
Alabama A&M 5K Cross Country Race  
Alabama A&M University Old Gym | Huntsville, AL  
James Falcon | 256-656-7199

**JUNE 22, 2013 / SATURDAY 7 AM**  
Huntsville Sprint Triathlon  
Braham Springs Natorium | Huntsville, AL  
Suzanne Erickson | Bigdogand44@bellsouth.net

**JUNE 29, 2013 / SATURDAY 7 AM**  
Rotary Club Spirit of America 5 Miler  
Point Mallard | Decatur, AL  
Jon Elmore | jklca5@att.net

**JUNE 29, 2013 / SATURDAY 7 AM**  
"Big" 5K Run  
Bridgestreet Town Center | Huntsville, AL  
Emmett Moore | Emmett.moore@bbsna.org

**JULY 4, 2013 / THURSDAY 8 AM**  
Morning Side Baptist Firecracker 5K  
Morning Side Baptist Church | Huntsville, AL  
Jarod Fleming | Jlfleming72@yahoo.com

**JULY 4, 2013 / THURSDAY 7 AM**  
Tri for Old Glory  
Alabama Space and Rocket Museum | Huntsville, AL  
Daniel Pline | Dan.pline@ngc.com

**JULY 13, 2013 / SATURDAY 6:30 PM**  
J.P. Cain Stadium Run  
J.P. Cain Stadium | Hartselle, AL  
Scott Shelton | Shelton5765@bellsouth.net

**JULY 20, 2013 / SATURDAY**  
6:10 pm 1 Mile, 6:30 pm Men's 5K, and 7:15 pm Women's 5K  
HTC Twilight Men's & Women's 5K Runs  
UAHuntsville Spragins Hall | Huntsville, AL  
David and Ashley Cain | agcain22@hotmail.com

**JULY 27, 2013 / SATURDAY 7 AM**  
Paint the Streets 5K and Carlene Memorial Walk  
SAIC in Research Park | Huntsville, AL  
Jim Varnavas | James.a.varnavas@saic.com

**AUGUST 3, 2013 / SATURDAY 7 AM**  
Summer Sizzler Super Metric Century  
New Hope Methodist Church | New Hope, AL  
Carrie Wilson | Glaciertrigirl@gmail.com

**AUGUST 10, 2013 / SATURDAY 8 AM**  
Brooke Hill Run for Awareness  
Downtown Decatur | Decatur, AL  
Jon Elmore | jklca5@att.net

**AUGUST 10, 2013 / SATURDAY 8 AM**  
Run to the Rescue 5K Trail Run  
Bob Jones High School Cross Country Course  
Madison, AL  
Corey Buckner | corey@downtownrescuemission.org

**AUGUST 17, 2013 / SATURDAY 8 AM**  
Brothers for Life 5K & 1 Mile  
Point Mallard Park | Decatur, AL  
Brandon Strickland | hefightsfire@hotmail.com

**AUGUST 24, 2013 / SATURDAY 7 AM**  
7@7 Run  
Point Mallard | Decatur, AL  
Sue Brantley | suebrantley@mhainmc.net

**AUGUST 24, 2013 / SATURDAY 8AM**  
Running of the Bulls 5K  
Hampton Cove  
Suzanne Taylor | suzanne@fleetfeethuntsville.com

**AUGUST 25, 2013 / SUNDAY 7:30 AM**  
Rocketman Triathlon  
Redstone Arsenal | Huntsville, AL  
Mike Gerrity | Rocketman.tri@gmail.com

**AUGUST 31, 2013 / SATURDAY 8 AM**  
Monte Sano 10K and 5K Road Races & Kids Fun Run  
Monte Sano State Park Lodge | Huntsville, AL  
Beth Benefield | msrr@knology.net

**SEPTEMBER 7, 2013 / SATURDAY 8 AM**  
Frantic Frog  
Goosepond Colony | Scottsboro, AL  
Gregg Kiloough | Kiloitris@scottsboro.org

**SEPTEMBER 7, 2013 / SATURDAY 8 AM**  
9.11K Commemorative Run  
Location TBD  
Gaylene Wilson | Gaylene.wilson@us.army.mil

**SEPTEMBER 14, 2013 / SATURDAY 8 AM**  
Run for Ella 10K & 5K Trail Run  
Cotton Mill Preserve | Fayetteville, TN  
Steve Swindall | sbwindall@gmail.com

**SEPTEMBER 19, 2013 / THURSDAY 3 PM**  
Huntsville Hospital Autumn Chase 1 Mile Run  
Huntsville Jaycees Building | Huntsville, AL  
Joe Francica | run2xtrm@bellsouth.net

**SEPTEMBER 21, 2013 / SATURDAY 8 AM**  
KALB Duck and Run 5K  
Spring Park, 125 East St. | Athens, AL  
Eric Patterson | Duckandrunk5K@yahoo.com

**SEPTEMBER 21, 2013 / SATURDAY 8 AM**  
4th Annual Imagination Library 5K and 1 Mile Walk  
Stone Bridge Park | Fayetteville, TN  
Helen Fussell | fussellh@gmail.com

**SEPTEMBER 28, 2013 / SATURDAY 8 AM**  
Toray/Rebuilding Together 5K  
Wilson Morgan Park | Decatur, AL  
Kristy Terry | Kristy.t@tfa.toray.com

**SEPTEMBER 28, 2013 / SATURDAY 8:30 AM**  
Racin' the Station Duathlon  
Marshall Space Flight Center/Redstone Arsenal  
Huntsville, AL  
Kent Criswell | issduathlon@gmail.com

**SEPTEMBER 28, 2013 / SATURDAY 8 AM**  
Run for Wishes  
Village of Providence | Huntsville, AL  
Gregory Revera | G\_revera@yahoo.com

**SEPTEMBER 28, 2013 / SATURDAY 8 AM**  
Elkmont Lions Club Rails to Trails 10K  
Elkmont, AL  
Whitney Hollingsworth | runrgirl@charter.net

**OCTOBER 5, 2013 / SATURDAY 8 AM**  
Smiles for Cystic Fibrosis  
Snead State | Boaz, AL  
Marshal Brooks | Mhbrooks321@hotmail.com

**OCTOBER 12, 2013 / SATURDAY 8 AM**  
Oktoberfest Run 5K & 10K  
Cullman, AL  
Chris Van Dyke | chriv@camha.com

**OCTOBER 12, 2013 / SUNDAY 8 AM**  
Goosepond Island Half Distance Triathlon  
Goosepond Island | Scottsboro, AL  
Parker Edmiston | edmistonlaw@yahoo.com

**OCTOBER 12, 2013 / SATURDAY 8 AM**  
Fleet Feet Monte Sano 15K & 1 Mile Kids Fun Run  
Monte Sano State Park | Huntsville, AL  
Mike O'Melia | montesano15K@comcast.net

**OCTOBER 19, 2013 / SATURDAY**  
7:30 am Men's 5K Race, 9 am Women's 5K Race  
10th Annual Liz Hurley Ribbon Run  
Huntsville Middle School | Huntsville, AL  
Courtney McCool | courtney.mccool@hhsys.org

**OCTOBER 26, 2013 / SATURDAY 3 PM**  
James Clemens Last Chance 5K  
Palmer Park | Madison, AL  
Drew Bell | coachbell@bellsouth.net

**OCTOBER 26, 2013 / SATURDAY 8 AM**  
Spooktacular 5K  
Downtown Huntsville | Huntsville, AL  
Suzanne Taylor | suzanne@fleetfeethuntsville.com

**NOVEMBER 2, 2013 / SATURDAY 10 AM**  
Hawk 5K  
Downtown Huntsville | Huntsville, AL  
Byron Loveless | bloveless@hawkworld.com

**NOVEMBER 2, 2013 / SATURDAY**  
Book'N It for Priceville 10K and 5K  
10K at 7 am and 5K at 9 am  
Beside Priceville Library | Priceville, AL  
Traci and Ron DeWeese | dspch210@bellsouth.net

**NOVEMBER 2, 2013 / SATURDAY 8 AM**  
Woodmeade Leadership 5K and 1 Mile Fun Run  
Woodmeade Elementary School | Decatur, AL  
Jess Putnam | Doraz79@live.com

**NOVEMBER 2, 2013 / SATURDAY 8 AM**  
Attack of the Lions  
Legacy Elementary | Huntsville, AL  
Caitlin Morris | cmorris@madison.k12.al.us

**NOVEMBER 2, 2013 / SATURDAY 9 AM**  
Roadrunner 5K and Family Fun Run  
Weatherly Heights Elementary | Huntsville, AL  
Kristin Scroggin | KristinScroggin78@gmail.com

**NOVEMBER 2, 2013 / SATURDAY 8 AM**  
Liz Waggett Memorial 5K Fun Run/Walk  
Beason & Nalley, Inc | Huntsville, AL  
Casi Edwards | cedwards@beasonnalley.com

**NOVEMBER 9, 2013 / SATURDAY 8 AM**  
Huntsville Half Marathon  
Hillwood Baptist Church | Huntsville, AL  
Marty Eaton | eatonmarty@comcast.net

**NOVEMBER 9, 2013 / SATURDAY 8 AM**  
Huntsville Half Marathon  
Hillwood Baptist Church | Huntsville, AL  
Marty & Carol Eaton | 256-882-3706

**NOVEMBER 16, 2013 / SATURDAY 8 AM**  
UCP's 5th Annual Krispy Kreme Challenge  
200 White Street & Krispy Kreme | Huntsville, AL  
Tracy Cieniewicz | tracyc@ucphuntsville.org

**NOVEMBER 16, 2013 / SATURDAY 7 AM**  
Canebrake Turkey Trot  
Canebrake Golf Club | Athens, AL  
Nora Williams | Lanmind2001@yahoo.com

**NOVEMBER 17, 2013 / SUNDAY 2 PM**  
Jingle Bell Run/Walk for Arthritis Foundation  
Columbia High School | Huntsville, AL  
Sarah Oglesby | soglesby@arthritis.org

**NOVEMBER 17, 2013 / SATURDAY 6:30 AM**  
Dizzy Fifties Trail Run 50K/40 & 50 Mile  
Monte Sano State Park | Huntsville, AL  
Jeff Kyser | ktrails@comcast.net

**NOVEMBER 28, 2013 / THURSDAY 8 AM**  
Turkey Trot  
UAHuntsville's Campus | Huntsville, AL  
Bill Farris | bill@csna.org

**NOVEMBER 30, 2013 / SATURDAY 8 AM**  
Skinny Turkey  
Guntersville Recreation Center | Guntersville, AL  
Parker Edmiston | edmistonlaw@yahoo.com

**NOVEMBER 30, 2013 / SATURDAY 8 AM**  
U.S. Space and Rocket Center 5K  
U.S. Space and Rocket Center | Huntsville, AL  
Ruth Marie Oliver | rtho@spacecamp.com

**DECEMBER 7, 2013 / SATURDAY 8 AM**  
Frosty Freeze 5K & Jingle Bell 1 Mile  
Downtown Decatur | Decatur, AL  
Kelly Elmore | Kelly.elmore@dcs.edu

**DECEMBER 7, 2013 / SATURDAY 8 AM**  
AHS JROTC Jingle Bell Jog 5K  
Athens High School | Athens, AL  
Amy Humphries | amyhump@bellsouth.net

**DECEMBER 14, 2013 / SATURDAY 8 AM**  
Rocket City Marathon  
Downtown Huntsville | Huntsville, AL  
Dink & Suzanne Taylor | 256-650-7063

**DECEMBER 21, 2013 / SATURDAY 8 AM**  
Rudolph Run 5K  
Downtown Huntsville | Huntsville, AL  
Marydae Sneed | blountdirector@aol.com

**DECEMBER 31, 2013 / TUESDAY 8 AM**  
Recover From the Holidays 50K  
Cross Country Running Park | Huntsville, AL  
Christy Scott | fitnessonthemove@gmail.com