**XC Run Dirty Event**

I, individually, (and/or as parent, and/or guardian of the named minor under 18) for and in consideration of acceptance of this application in the aforementioned training, do hereby release, remise, waive and forever discharge the Road Runner’s Club, Fleet Feet Sports and any and all supporting groups of this said training together with all their officers, agents, officials and employees, from any and all liability, claims, demands, actions, or causes of action whatsoever arising out of or relating to any injury, illness, loss or damage, including death, relating to participation in the aforesaid event. I further state I am in proper physical condition to participate in this training.

**NAME (Please print) Miles Signature Date**